



Stay Sustainable This Valentine's Day

February 11, 2021



MURFREESBORO, Tenn. (Feb. 11, 2021) – Valentine's Day is right around the corner! As you begin to look for the perfect gift for your loved one, consider making an effort to give more sustainable gifts this year. Our team at Middle Point Landfill has compiled simple tips for gifting more eco-friendly presents this Valentine's Day.

Shop Local

Purchasing gifts from local stores helps decrease packaging from shipping such as cardboard, plastic and packing peanuts. When you shop local, you're also supporting families and businesses in the community. The Rutherford County Chamber of Commerce is a great resource for finding local businesses and organizations. <https://web.rutherfordchamber.org/search>

Potted Plants vs. Bouquets of Flowers

Instead of cut flowers, which last only a week or so, pick a rooted plant or flower that they love. Whether you opt for a potted indoor plant or flowers such as tulips or hydrangeas that can be planted outside when spring arrives, these live plants not only help clean the air, but can also brighten your home. Your thoughtfulness will last well past Valentine's Day!

Get Crafty

Handmade gifts are a great option for those looking to be more sustainable. If you're planning to give candy or other edible goods, make sure to consider the packaging, which cannot be recycled. Re-purpose jars, tins or other packaging into organizers for crafts, jewelry or other small items.

Middle Point Landfill is dedicated to finding solutions and providing resources to keep our planet healthy to protect our loved ones for generations to come. Join us in taking steps now to recycle and live sustainably to work toward a cleaner planet. Learn more at <https://middlepointlandfill.com/>.